LDA Workshop Series

The following is a FREE workshop offered by LDA Life and Learning Services. **NOTE: Registration is required*** due to limited seating. To register, **call (585)263-3323** and ask for Project Connect.

LDA is located at 339 East Avenue - 4th floor
(corner of East Avenue and Anson Place)
Parking available on East Avenue or in the lot behind Bethel Church.

A minimum of three weeks notice is required for requests for special accommodations.

Life Coaching

Wednesday, February 27, 2008 5:30p.m. – 7:30p.m.

Presented by: Chuck Blocher, Certified Life Coach, LDA Life and Learning Services

In this workshop you will learn what coaching is, how the process works, and how it works for individuals with learning and attentional differences. Coaching is about action and learning with the goal of living with continual success.

LDA
LIFE AND LEARNING
SERVICES

Phone: 585-263-3323
Fax: 585-263-2461

Check out our new website:
www.LDARochester.org