



Dr. Robert Brooks

Dr. Robert Brooks has lectured nationally and internationally and written extensively about working with angry, at-risk youth and families from a strength-based approach that focuses on the development of self-dignity, motivation, hope, and resilience. He authored

The Self-Esteem Teacher and co-authored *Understanding and Managing Children's Classroom Behavior: Creating Sustainable, Resilient Classrooms; Raising Resilient Children; Nurturing Resilience in Our Children: Answers to the Most Important Parenting Questions; Angry Children, Worried Parents: Seven Steps to Help Families Manage Anger; Handbook of Resilience in Children; The Power of Resilience: Achieving Balance, Confidence, and Personal Strength in Your Life; and Raising a Self-Disciplined Child.* Dr. Brooks is on the faculty of Harvard Medical School and is the former Director of the Department of Psychology at McLean Hospital.

Dinner with Dr. Brooks

Thursday, December 4th

6 p.m. - 7:30 p.m.

Strathallan Hotel

550 East Avenue
Rochester, NY

Enjoy an evening of dinner and conversation with conference speaker Dr. Robert Brooks. Please make your reservations using the attached registration form.

NOTE: Space is limited.

\$40/person or \$30/person with conference registration.

The P. Kenneth Dennis Foundation promotes the use of performing arts as a vehicle to success for children and adults with disabilities.

Non-Profit Org.
U.S. Postage
PAID
Rochester, NY
Permit No. 949

LDA
LIFE AND LEARNING
SERVICES

339 East Avenue, Suite 420
Rochester, NY 14604
www.LDARochester.org

LDA
LIFE AND LEARNING
SERVICES

&

The P. Kenneth Dennis Foundation

present

The Power of Mindsets

Nurturing Motivation and Resilience
in Children and Adolescents



A conference for educators and parents
with **Dr. Robert Brooks**
author of *The Self-Esteem Teacher*
co-author of *Raising Resilient Children*

Friday, December 5, 2008

8 a.m. - 3 p.m.

RIT Inn & Conference Center

The Power of Mindsets

Dr. Brooks will outline a strength-based approach for working with, and educating, children and adolescents. The approach can be applied in therapy, schools, day and residential programs, and at home. He will describe the mindset of adults who are effective in working with and teaching youth, especially those with learning and attention struggles. He also will articulate the mindset of resilient children and adolescents and outline specific strategies for reinforcing this mindset in all youngsters, including such qualities as motivation, self-discipline, cooperation, compassion, and hope.

You will learn:

- The characteristics of adults who work effectively with children and adolescents
- Exercises to enhance empathy and respond more effectively to others
- The characteristics of resilient youth and how to reinforce this mindset
- A strength-based model in which each child's "islands of competence" are identified and reinforced.

Who should attend?

- Parents
- Special & General Education Teachers
- School Principals & Administrators
- CSE Chairpersons
- School Psychologists & Evaluators
- School Counselors
- Pediatricians
- Mental Health Service Providers
- Social Workers
- College Support Service Providers
- College Students with Majors in Education, Human Services, or Social Work
- Youth Workers
- Foster Care Providers
- Juvenile Justice System Personnel

REGISTRATION FORM

LDA Conference 2008

Friday, December 5th, 8 a.m. - 3 p.m.
RIT Inn & Conference Center
5257 West Henrietta Road, W. Henrietta, NY

DEADLINE: 11/24/08 (No refunds after this date)

Please request any special accommodations **by 11/14/08 with your paid registration.**

Special Educator General Educator Parent Other: _____

Name: _____ School/Agency: _____

Street Address: _____ City: _____ Zip: _____

Daytime Phone: _____ E-Mail: _____

Note: Registration confirmation will be sent via e-mail.

CONFERENCE FEES

Conference Only (includes 12/5 lunch & materials) _____ x \$ 90 ea. = \$ _____

NOTE: A limited number of scholarships are available for parents of children with disabilities who cannot afford the conference fee. Call 585-263-3323.

Conference & Dinner
(includes 12/4 dinner with Dr. Brooks, 12/5 lunch & materials) _____ x \$120 ea. = \$ _____

Dinner Only (includes 12/4 dinner with Dr. Brooks) _____ x \$ 40 ea. = \$ _____

TOTAL AMOUNT DUE: \$ _____

Payment Method

Purchase Order #: _____ Check #: _____ *Note: There will be a \$25 fee for all returned checks.*

Credit Card #: _____ CCV Code*: ____ Type: __VISA __MC
Exp.: _____ *3-digit code on back of card

Card Holder's Signature: _____

Check/P.O. must accompany registration form. Please make checks or P.O.s payable to "LDA" and send to LDA Life and Learning Services, ATTN: Conference, 339 East Ave., Suite 420, Rochester, NY 14604 or Fax to 585-546-4116. **For more information call 585-263-3323 or visit www.LDARochester.org.** **w**